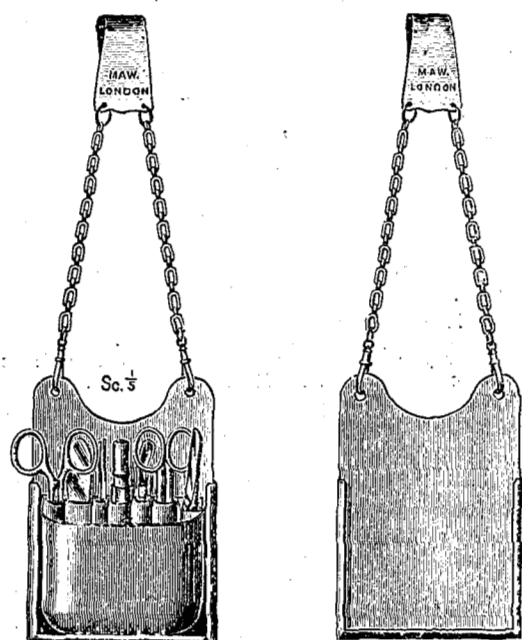


Most Nurses—surgical or otherwise—would welcome the Twentieth Century Chatelaine as a most acceptable Christmas present; and the



donor would know that the utmost pleasure was being conferred by the outlay of 15s., which is the moderate price of the case.

WALKER'S CARBOLACENE.

YET another disinfectant, but this time with something of a difference. For this preparation not only disinfects, but also cleanses all surfaces to which it is applied. We have given it a good trial, and find that it is excellent for cleaning both wood and metal work, while it possesses powerful antiseptic qualities. Its usefulness both in the sick-room and in the Hospital ward should therefore be almost illimitable, and as its price is considerably less than that of many other and more dangerous antiseptics, it may be confidently expected that as it becomes better known in the Nursing world, it will obtain the popularity and success which it deserves. It can be obtained from any chemist, and we would advise our readers to give it an early trial.

GARMAN'S FOOD.

THIS preparation has recently been submitted to our notice, and we have carefully tested its merits. It is evidently very carefully prepared, and is sweetened with sugar of milk. Its analysis proves that it is rich in phosphates and albumens, and the diastase

it contains has made it not only more easily digestible, but also of higher nutritive value. It has the further advantages of being easily prepared for use at any time, and of keeping well in any climate. Finally, we have put it to the best of all possible proofs—that of practical experience—and find that children of all ages take it well and thrive excellently upon it. Its cheapness compares very favourably with that of many other more loudly vaunted foods, and it can be obtained direct from the manufacturers, Messrs. Garman Brothers, 280, Roman Road, Bow, or through any chemist. We are informed that any of our readers can obtain a sample tin for trial by writing to the makers at the above address.

BIRD'S HOT-PUDDING SAUCE.

It is always a matter for rejoicing when we hear of a new sauce or condiment wherewith to add to the variety of our dishes. But at Christmas and other festive seasons, it is specially pleasurable to find a new sauce for our time-honoured Christmas puddings. Bird's Custard Powder has long delighted our tables, and most people have learnt to appreciate the delicious trifles, "floating islands," and other such tempting supper and dinner dishes which may be turned out with the aid of a few packets of this invaluable powder. But, to many, it will be quite a novel suggestion that Bird's Custard Powder makes a delicious Hot Pudding Sauce for Christmas or plum puddings, for cabinet, ginger, and other such dainties as the ingenuity of our cooks and housekeepers can invent. The addition of a little brandy to this sauce, which may be prepared in less than five minutes, makes it so tempting that all good housewives should hasten to add it to their housekeeping list.

WHAT TO WEAR.

THIS question, of so much moment to women—and to Nurses as to others—can best be answered by a visit to Messrs. Garrould in Edgware Road. But, once there, it will be difficult to persuade a woman—even if she has only the average desire to own the pretty things she sees in shops—that her whole wardrobe does not need replenishing. It seems hardly fair of Messrs. Garrould to place so much temptation in the path of femininity. At least, this is how some Nurses felt who had procured an outfit elsewhere, before inspecting Messrs. Garrould's tempting and dainty wares. Those in need of an elegant and warm winter cloak can do no better than to wend their way Edgware Road-wards, where they will find a large and charming variety to select from.

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